

# **Standard 3**

## **Science**

### **Chapter 11 : Cleanliness, Health and Hygiene**

#### **Assignment**

**Do the following question and answers in your science copy, A on page number 94**

**A. Answer the following questions.**

**Q.1) What do you mean by cleanliness ?**

**A.1) Keeping your body, the surrounding clean and tidy is called cleanliness.**

**Q.2) Why should we take bath daily ?**

A.2) We should take bath daily as it removes sweat and dirt from our body.

Q.3) What is meant by oral hygiene ?

A.3) Oral hygiene means we should keep our mouth and teeth clean. We should brush our teeth twice a day and rinse our mouth with water after each meal to remove food particles stuck between our teeth.

Q.4) How can we take care of our hair ?

A.4) We should use shampoo 2-3 times in a week to wash our hair and should apply hair oil regularly.

**Do the following in your textbooks, B and C on page number : 94, 95.**

**B. Tick the correct answer.**

1. (a) before and after having our meals
2. (a) everyday

3. (d) dustbin

4. (a) Narendra Modi

**C. Fill in the blanks with the correct words:**

1. 8-10

2. dustbin

3. twice

4. fresh

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